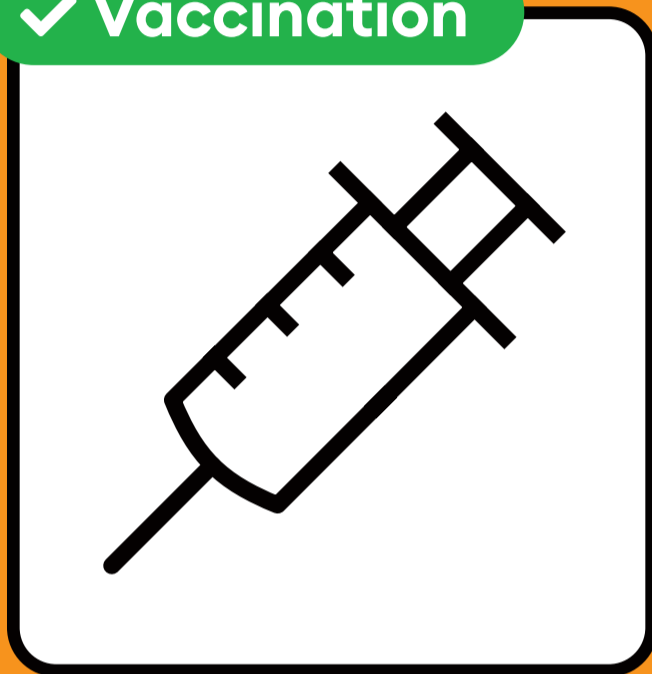


PROTECT YOURSELF AND OTHERS



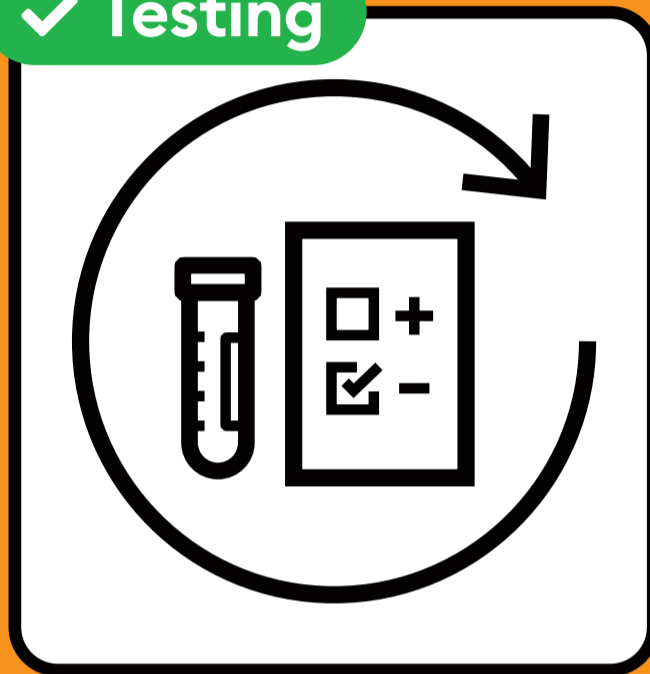
Especially important at the moment:

✓ Vaccination



Recommended: COVID-19 vaccination.

✓ Testing

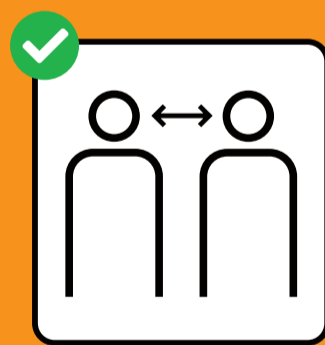


Get tested regularly, even if you don't have symptoms.

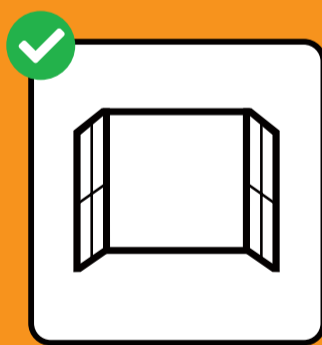
Still important:



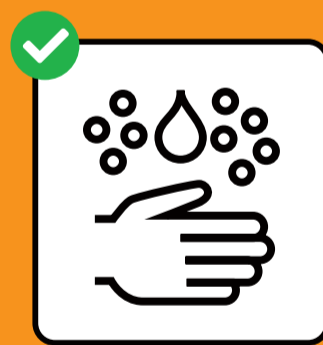
Wear a mask when required.



Keep your distance.



Ventilate rooms several times a day.



Wash your hands thoroughly and avoid shaking hands.



To enable contact tracing, always provide your complete contact information.



If you experience symptoms, get tested immediately and stay at home.

www.foph-coronavirus.ch

Rules can vary from canton to canton.



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

Swiss Confederation

Bundesamt für Gesundheit BAG
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