

Circle of Gifts: Building Resources

Interested in new ideas, but your coursework or work at the university is overwhelming, you are already taking on too much, feeling uninspired, or keeping track of everything amid all the complexity is draining?

The Circle of Gifts is a collective consultation in the Ideas Lab: a space for exchange beyond conventional innovation norms, where we share knowledge, skills, and resources and advance ideas together.

Studying trains you to look closely and understand connections. What comes next is rarely practiced: how a precise analysis turns into a project and what it takes to work on it over the long term.

Time, methods, support, routines, courage, and energy are resources—and most of them can be built up. Whether it's planning your week so the semester stays manageable or maintaining spontaneity to fuel innovation. Cultivate habits that keep creativity alive every day

Whether you work analytically or with prototypes: it takes time for something to take shape. Time during which you can look closely, act courageously, and collaborate with others. These are skills that can be learned, and this evening we'll practice them together: What resources do we need first so that ideas don't overwhelm us?

This is for you if

- You are deeply engaged with a question but lack the energy to develop it further
- You have lots of ideas but don't know where to start
- You enjoy working on projects but don't have an idea of your own right now
- You want to stick with something that's important to you but lack the perseverance
- You feel overwhelmed by what you're learning about the world but still want to remain capable of taking action

What to bring

- Your questions and whatever you're struggling with right now.
- Your gifts: a daily practice, a digital tool, a method, a resource, your willingness to give feedback, encouragement. You often don't realize much of this until it helps someone else.
- Also, bring an item you no longer need but that someone else could really use. There's a swap table. What's visible makes the invisible easier to grasp.

We welcome both fully developed projects and initial ideas.
Bring an idea, share your experience, or just come to listen.