

b UNIVERSITÄT BERN

Vice-Rectorate Development

Doctoral studies at the University of Bern – survey on doctoral students' satisfaction levels

Results

July 2019

Vice-Rectorate Development

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1. Introduction

In November 2018, the Vice-Rectorate Development conducted a survey among doctoral students at the University of Bern on their satisfaction with their supervision and education at doctoral level. The aim of the survey was to describe the current situation of doctoral students in terms of their supervision and education, and to gauge their satisfaction with this situation. The results of the survey should serve as a basis for the further improvement and optimization of the quality and attractiveness of doctorates at the University of Bern. 1,770 doctoral students (excluding doctoral students qualifying for Dr. med., Dr. med. dent. and Dr. med. vet.) were sent an email and a subsequent reminder email, asking them to fill out the anonymous online survey. 723 doctoral students (41%) complied with this request – a satisfactory response rate considering the survey was relatively long (39 questions), therefore highlighting the relevance of the topic. Of the respondents, 684 completed the survey in full and 39 completed it in part. The 723 doctoral students are spread across the following faculties: Faculty of Medicine: 114, Faculty of Humanities: 124, Faculty of Human Sciences: 97, Faculty of Science: 251, Faculty of Law: 38, Faculty of Theology: 13, Vetsuisse Faculty: 33 and Faculty of Business, Economics and Social Sciences: 53. Figure 1 shows the response rate to the survey according to each faculty.

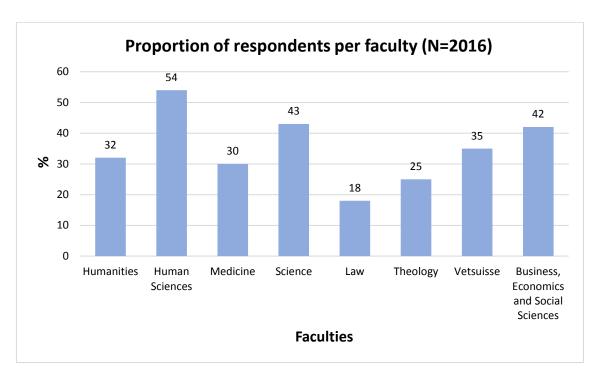


Fig. 1 Response rate according to faculty



This report presents descriptive findings on the most relevant questions. Because the report is based on a small proportion of all students and not based on a random sample, inferential statistics have not been produced.

2. Results

2.1 Subgroups

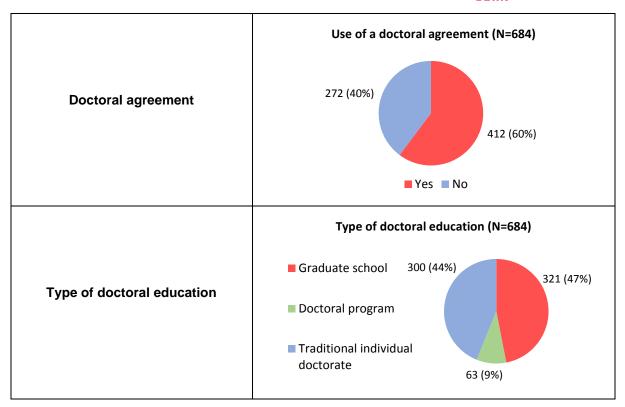
2.1.1 Subgroups of doctoral students

The following characteristics were used to differentiate the doctoral students: gender, number of supervisors, use of the doctoral agreement and the type of doctoral education (graduate schools, doctoral programs and 'traditional individual' doctorate). Table 1 shows the frequency distribution with regard to these characteristics.

Table 1 Subgroups of doctoral students

Characteristic	Proportion		
	Gender of doctoral students (N=723)		
	7 (1%)		
Gender	335 (46%)		
	■ Male ■ Female ■ Third gender		
	Number of supervisors (N=704)		
Number of supervisors	90 (13%) 315 (45%) 273 (39%)		
	■1 ■2 ■≥3 ■ Don't know		





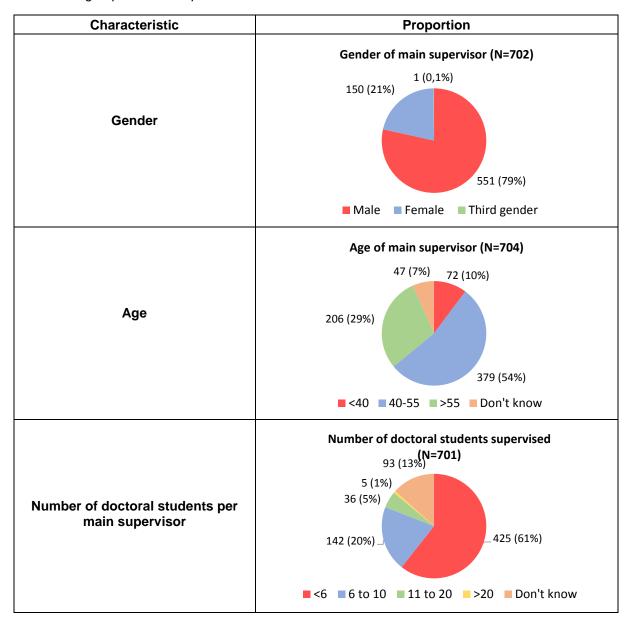
53% of doctoral students are female, 46% are male and 1% are of a third gender. To preserve anonymity as well as for statistical reasons, the group 'third gender' (N=7) was not considered when compiling this report. 45% have one supervisor, 39% have two and 13% have three or more. 4% were unable to give a response to this question. 60% of doctoral students stated that they have drawn up a doctoral agreement with their supervisor in which the framework conditions of the doctorate are established (e.g. duration, form, research and educational goals, supervision, frequency of meetings). 40% have not drawn up a doctoral agreement with their supervisor. Of the doctoral students who make use of a doctoral agreement, 56% stated that they use the agreement integrated into the staff appraisal form. 56% of doctoral students are completing a structured doctorate (47% are members of a graduate school and 9% are members of a doctoral program). 44% complete their doctorate as a traditional individual doctorate.

2.1.2 Subgroups of main supervisors

The following characteristics were used to differentiate the main supervisors: gender, age and number of doctoral students supervised (per main supervisor). Table 2 shows the frequency distribution with regard to these characteristics.



Table 2 Subgroups of main supervisors



79% of doctoral students have a main supervisor who is male and 21% have a main supervisor who is female. One person answered 'third gender.' To preserve anonymity as well as for statistical reasons, this person was not included in this report. The age ranges of the main supervisors are as follows: 10% are under 40 years of age, a good half (54%) are between 40 and 55 years of age and 29% are over 55 years of age. 7% of respondents did not know how old their main supervisor is. 61% of main supervisors have up to five doctoral students, 20% have six to ten doctoral students, 5% 11 to 20 and 1% (N=5) more than 20 doctoral students (the latter group was not evaluated separately in the subgroup differentiation). 13% of doctoral students did not know how many doctoral students their main supervisor has.



2.2 Employment relationship

72% of doctoral students (N=721) stated that they have a position at the University of Bern. Figure 2 shows the frequency distribution of the appointments held by the doctoral students (multiple choices were possible). 61% of doctoral students are employed as doctoral candidates and 38% as assistants funded by the University itself. Doctorates are financed by the Swiss National Science Foundation (SNF) in 36% of cases. 10% of doctoral students are financed by other third parties. 45% of doctoral students answered that they have more than one position at the University of Bern.

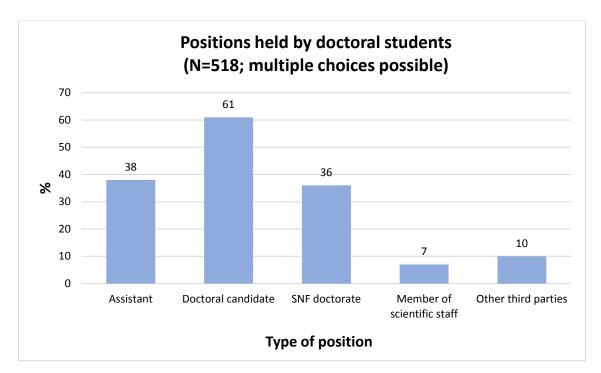


Fig. 2 Type of appointment among doctoral students at the University of Bern

2.3 Doctoral agreement

In Table 3, the percentage proportions of the variable 'Use of the doctoral agreement' are listed for each subgroup.



Table 3a Use of a doctoral agreement; subgroups of doctoral students

Characteristic	Doctoral students who use a doctoral agreement (in %)
Gender	
Female	62
Male	59
Number of supervisors	
1	53
2	65
≥3	71
Don't know	64
Type of doctoral education	
Graduate school	69
Doctoral program	68
Traditional individual doctorate	49

Table 3b Use of a doctoral agreement; subgroups of the main supervisors

Characteristic	Doctoral students who use a doctoral agreement (in %)			
Gender				
Female	65			
Male	59			
Age				
<40	51			
40-55	64			
>55	55			
Don't know	64			
Number of doctoral students				
<6	60			
6-10	63			
>10	53			
Don't know	59			

Doctoral students who have three or more supervisors use the doctoral agreement more often (in 71% of cases) than doctoral students with two supervisors (in 65% of cases) or those with just one supervisor (in 53% of cases). With regard to the structure of the doctorate, the results show that it is more common for a doctoral agreement to be drawn up in graduate schools (69%) and on doctoral programs (68%) than with traditional individual doctorates (49%; we noted that 64% of doctoral students completing a structured doctorate and 35% of doctoral students completing a traditional individual doctorate have at least two supervisors).



Main supervisors with more than ten doctoral students draw up a doctoral agreement with their students somewhat less (53%) than main supervisors with ten doctoral students or fewer (around 60%). Main supervisors who are female draw up a doctoral agreement with their students slightly more often (65%) than main supervisors who are male (59%). Supervisors who are between 40 and 55 years of age use an agreement slightly more often (64%) than younger (51%) or older (55%) supervisors.

Figure 3 shows the frequency distribution with regard to the evaluation of the usefulness of the doctoral agreement. 73% of doctoral students who have drawn up an agreement consider this to be rather useful to very useful.

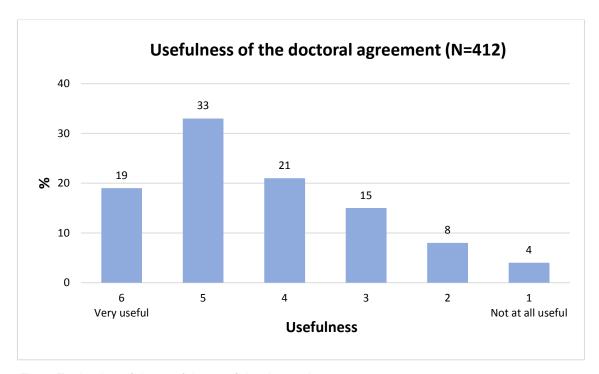


Fig. 3 Evaluation of the usefulness of the doctoral agreement



2.4 Communication of requirements

71% stated that the requirements for completing a doctorate successfully (e.g. duration of the doctorate, number of publications, other departmental duties alongside the doctorate) were communicated clearly at the beginning of the doctorate (Fig. 4; subgroup differentiation in Table 4).

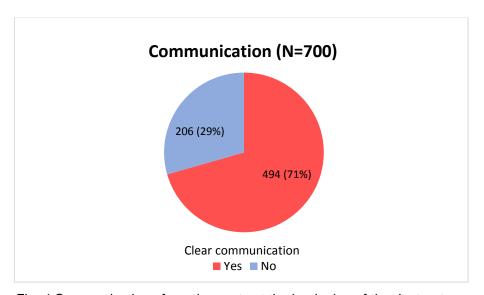


Fig. 4 Communication of requirements at the beginning of the doctorate

Table 4a Communication of requirements; subgroups of doctoral students

Characteristic	Clear communication of requirements at the beginning of the doctorate: proportion of 'yes' answers (in %)
Gender	
Female	67
Male	76
Number of supervisors	
1	71
2	72
≥3	73
Don't know	46
Doctoral agreement	
Yes	81
No	54
Type of doctoral education	
Graduate school	74
Doctoral degree program	83
Traditional individual doctorate	64



Table 4b Communication of requirements; subgroups of main supervisors

Characteristic	Clear communication of requirements at the beginning of the doctorate: proportion of 'yes' answers (in %)
Gender	
Female	71
Male	70
Age	
<40	68
40-55	72
>55	68
Don't know	74
Number of doctoral students	
<6	73
6-10	67
>10	56
Don't know	73

For doctoral students with a doctoral agreement, it was more frequently the case that the requirements were communicated clearly at the beginning of the doctorate (81%) than for doctoral students without an agreement (54%). There were also differences in relation to the type of doctorate. For doctoral students completing a structured doctorate, it was more frequently the case that the requirements were communicated more clearly (doctorate programs: 83%, graduate schools: 74%) than for doctoral students completing a traditional individual doctorate (64%). The comparison between the genders reveals that male doctoral students (76%) claimed more frequently that they had been clearly informed about the requirements of the doctorate at the beginning of the program than female doctoral students (67%).

Doctoral students whose main supervisors have more than ten doctoral students stated less often (56%) that they had been clearly informed about the requirements of the doctorate than doctoral students whose main supervisors have ten students or fewer (around 70%).

2.5 Meetings

2.5.1 Time taken to arrange meetings

90% receive a date for a meeting to discuss their research work with their main supervisor within a month. For the majority of students (57%), it usually takes less than a week for their supervisor to be able to schedule a meeting (Fig. 5; subgroup differentiation in Table 5).



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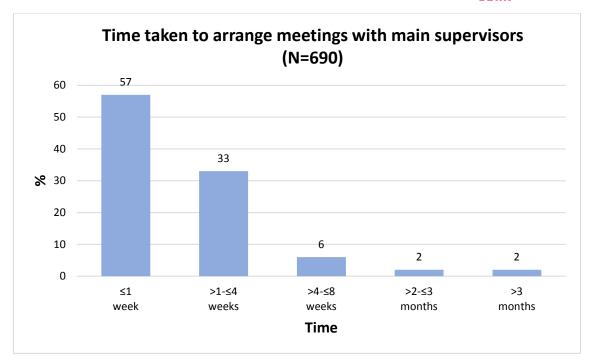


Fig.5 Time taken to arrange meetings with main supervisors

Table 5a Time taken to arrange meetings with main supervisors; subgroups of doctoral students

Characteristic	Time taken to arrange meetings (in %)				
	≤1 week	>1 to ≤4 weeks	>4 to ≤8 weeks	>2 to ≤3 months	>3 months
Gender					
Female	54	35	7	1	3
Male	61	31	4	3	2
Number of supervisors					
1	61	31	4	1	3
2	51	37	8	3	1
≥3	64	29	7	0	0
Don't know	62	27	8	4	0
Doctoral agreement					
Yes	58	32	5	3	2
No	53	35	7	2	3
Type of doctoral education					
Graduate school	58	31	7	2	2
Doctoral program	65	30	2	3	0
Traditional individual doctorate	54	36	5	2	3



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Table 5b Time taken to arrange meetings with main supervisors; subgroups of main supervisors

Characteristic	Ti	Time taken to arrange meetings (in %)				
	<u>≤</u> 1 week	>1 to ≤4 weeks	>4 to ≤8 weeks	>2 to ≤3 months	>3 months	
Gender						
Female	53	36	7	1	3	
Male	58	32	5	3	2	
Age						
<40	81	16	1	0	2	
40-55	56	37	6	0	1	
>55	51	33	6	6	4	
Don't know	61	28	4	3	4	
Number of doctoral students						
<6	65	29	4	1	1	
6-10	54	35	7	2	2	
>10	44	46	5	0	5	
Don't know	33	42	14	3	8	

Male doctoral students answered that they receive a date for a meeting within a week's time slightly more often (58%) than female doctoral students (53%). Around 90% of both male and female doctoral students receive an appointment within one month. The waiting time until a meeting is slightly shorter with younger supervisors and with supervisors who supervise fewer doctoral students.

2.5.2 Frequency of meetings

76% of doctoral students discuss their research work with their main supervisor at least every three months (29% discuss their work every week). Meetings with the co-supervisor also take place at least every three months for 50% of doctoral students. 41% stated that they discuss their research work less than once a year or not at all as part of a research colloquium. Figure 6 shows the corresponding frequency distributions (subgroup differentiation in Table 6).



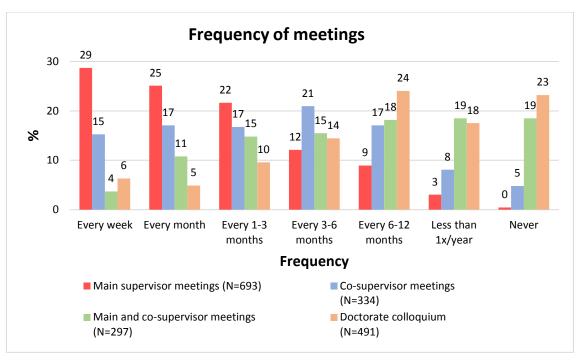


Fig. 6 Frequency of meetings

Table 6a Frequency of meetings with main supervisors; subgroups of doctoral students

Characteristic	Frequency of meetings (in %)				
J. Mar. World T. Mar.	Every week	Every month	Every 1 to 3 months	Every 3 to 6 months	Less than every 6 months
Gender					
Female	27	24	21	14	14
Male	31	26	22	11	10
Number of supervisors					
1	28	25	22	10	15
2	26	22	25	16	11
≥3	38	36	11	9	6
Don't know	44	24	16	4	12
Doctoral agreement					
Yes	29	26	22	13	9
No	28	23	21	11	17
Type of doctoral education					
Graduate school	38	26	18	10	8
Doctoral degree program	22	38	24	6	10
Traditional individual doctorate	21	21	25	15	18



Table 6b Frequency of meetings with main supervisors; subgroups of main supervisors

Characteristic		Frequency of meetings (in %)				
	Every week	Every month	Every 1 to 3 months	Every 3 to 6 months	Less than every 6 months	
Gender						
Female	26	23	24	18	9	
Male	30	26	21	10	13	
Age						
<40	50	27	14	4	4	
40-55	31	26	22	13	8	
>55	17	22	24	14	22	
Don't know	30	24	17	14	15	
Number of doctoral students						
<6	39	26	19	9	7	
6-10	16	32	25	15	12	
>10	12	22	15	20	32	
Don't know	9	11	33	22	25	

Doctoral students on a structured doctorate discuss their research work with their main supervisor more often (around 60% have a meeting at least every month) than those completing a traditional individual doctorate (around 40% have a meeting at least every month). Doctoral students with three or more supervisors have more frequent meetings (74% have one at least every month) than those with two supervisors (48% have a meeting at least every month) or those with just one supervisor (53% have a meeting at least every month). 57% of male doctoral students have at least one meeting a month. For female doctoral students, this figure is somewhat lower at 51%.

Comparing the ages of main supervisors reveals that younger supervisors (<40 years of age) hold more frequent meetings (77% hold at least one a month) than older supervisors (40-55 years of age: 57% at least one a month; >55 years of age: 39% at least one a month). Supervisors with fewer (<6) doctoral students hold more frequent meetings (65% hold at least one a month) than supervisors with more doctoral students (48% or 34% hold at least one a month). Moreover, male supervisors hold meetings slightly more frequently (56% hold at least one a month) than female supervisors (49% hold at least one a month).

The majority of doctoral students consider the frequency of meetings about research work to be sufficient (Fig. 7). In addition, the meetings are, on average, perceived to be rather helpful or helpful (Fig. 8).



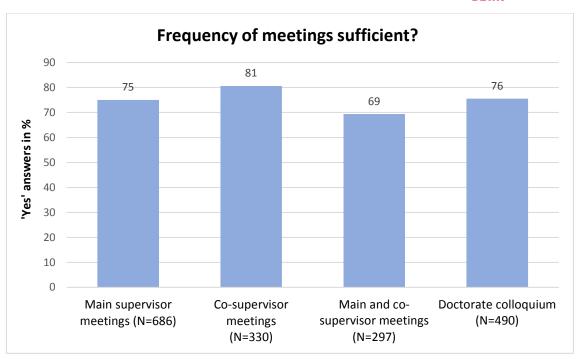


Fig. 7 Satisfaction with the frequency of meetings

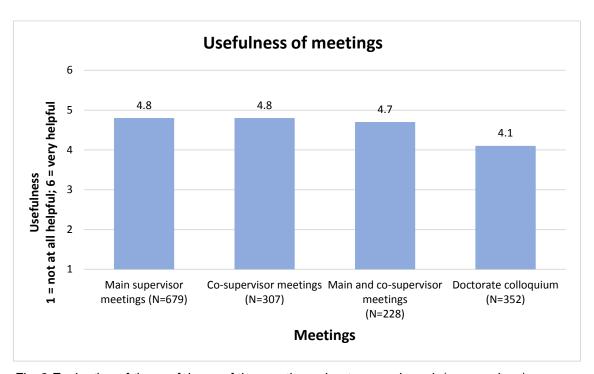


Fig. 8 Evaluation of the usefulness of the meetings about research work (mean values)



2.6 Career meetings

2.6.1 Progress review meetings

Around half of all doctoral students have or have had a meeting during the first half of their doctorate about whether, based on the current progress they have made in their doctoral degree, it can be assumed that they will successfully complete their course in the specified time. 14% of doctoral students do not yet know whether such a meeting will take place (Fig. 9; subgroup differentiation in Table 7).

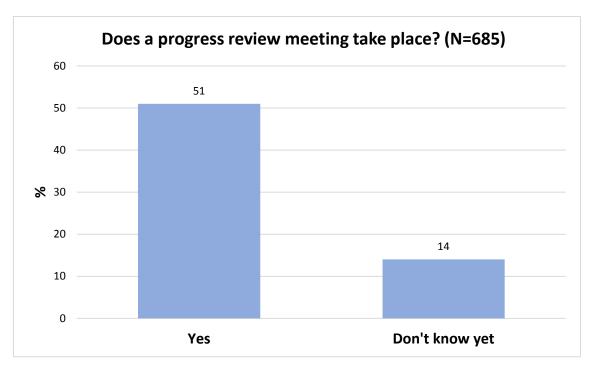


Fig. 9 Provision of progress review meetings



Table 7a Progress review meetings during the first half of the doctorate; subgroups of doctoral students

Characteristic	Progress review meeting (in %)		
	Yes	Don't know (yet)	
Gender			
Female	50	13	
Male	52	16	
Number of supervisors			
1	47	16	
2	54	10	
≥3	56	17	
Don't know	50	13	
Doctoral agreement			
Yes	59 14		
No	38	15	
Type of doctoral education			
Graduate school	54	13	
Doctoral degree program	59	14	
Traditional individual doctorate	45	16	

Table 7b Progress review meetings during the first half of the doctorate; subgroups of main supervisors

Characteristic	Progress review meeting (in %)		
	Yes	Don't know (yet)	
Gender			
Female	58	10	
Male	49	15	
Age			
<40	50	20	
40-55	57	13	
>55	40	12	
Don't know	56	20	
Number of doctoral students			
<6	53	13	
6-10	48	16	
>10	35	10	
Don't know	54	14	



Progress review meetings are carried out more frequently (59% vs. 38%) when a doctoral agreement has been drawn up, when the doctoral students have more than one supervisor, and for doctoral students completing a structured doctorate.

Supervisors who are over 55 years of age and supervisors with more than ten doctoral students hold progress review meetings less frequently. Female supervisors hold such interviews more frequently (58%) than male supervisors (49%).

2.6.2 Career path meetings

Almost a third of all doctoral students stated that during the second half of their doctorate they have had or will have a meeting to discuss the direction of their career path after successfully completing their doctorate. A good third of all students do not yet know whether such a meeting will take place (Fig. 10; subgroup differentiation in Table 8).



Fig. 10 Provision of career path meetings



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Table 8a Career path meetings during the second half of the doctorate; subgroups of doctoral students

Characteristic	Career path meeting (in %)	
	Yes	Don't know (yet)
Gender		
Female	30	34
Male	26	42
Number of supervisors		
1	27	36
2	29	38
≥3	37	33
Don't know	12	50
Doctoral agreement		
Yes	33	38
No	22	37
Type of doctoral education		
Graduate school	28	37
Doctoral degree program	43	36
Traditional individual doctorate	26	38

Table 8b Career path meeting during the second half of the doctorate; subgroups of main supervisors

Characteristic	Career path meeting (in %)	
	Yes	Don't know (yet)
Gender		
Female	32	30
Male	28	39
Age		
<40	26	50
40-55	30	37
>55	27	32
Don't know	33	40
Number of doctoral students		
<6	29	38
6-10	33	38
>10	25	25
Don't know	24	39



Career path meetings are held slightly more often when a doctoral agreement has been drawn up (33% vs. 22%), when doctoral students have three or more supervisors, and for doctoral students completing a doctoral degree program.

85% indicated that they found the progress review and career path meetings to be rather useful to very useful (Fig. 11).

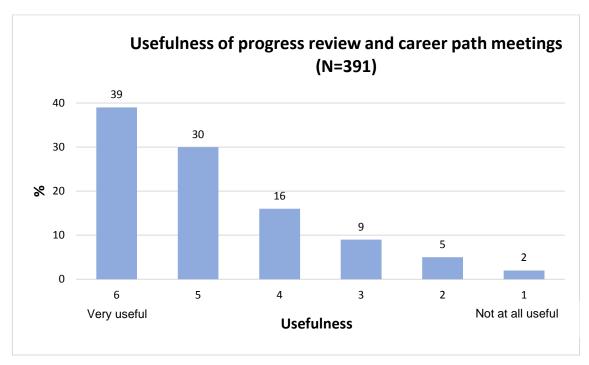


Fig. 11 Evaluation of the usefulness of progress review and career path meetings

37% of doctoral students do not yet know whether they will pursue a career within or outside of academia after they have completed their doctorate. Around a quarter of doctoral students are planning to continue a career within academia. Roughly a third are planning to pursue a career outside of academia (Fig. 12).



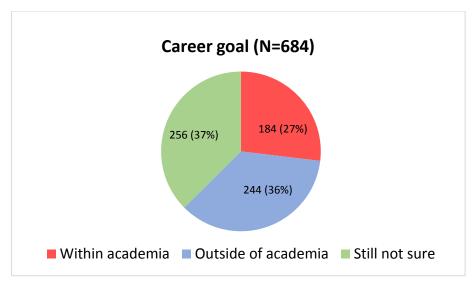


Fig. 12 Career goal after the doctorate

2.7 Course and support services

Figure 13 shows the degree of familiarity with and utilization of various university course, information and advisory services. Over 60% of respondents are familiar with the services provided by the Office for Gender Equality (AfG), the University of Bern intermediate staff association (MVUB), the Transferable Skills Program, and the University Library Bern. The services offered by the University Library Bern, the Transferable Skills Program, the Academic English Services, and the intermediate staff association are used most often.



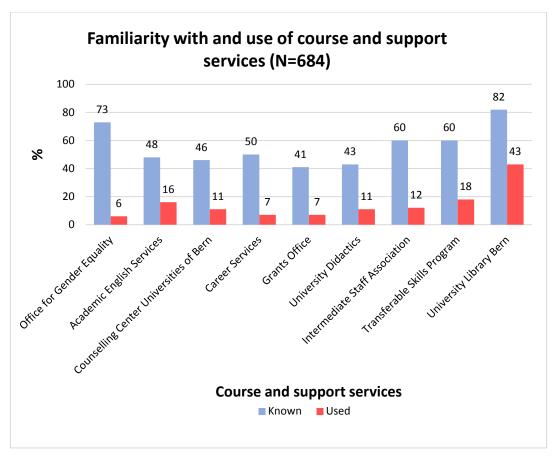


Fig. 13 Familiarity with and use of course and support services for doctoral students

Figure 14 shows the degree of familiarity and utilization of the offices available to help in the event of disputes with supervisors. With a familiarity rating of around 50% each, the services offered by the Office for Gender Equality and the University of Bern intermediate staff association are the most well-known.



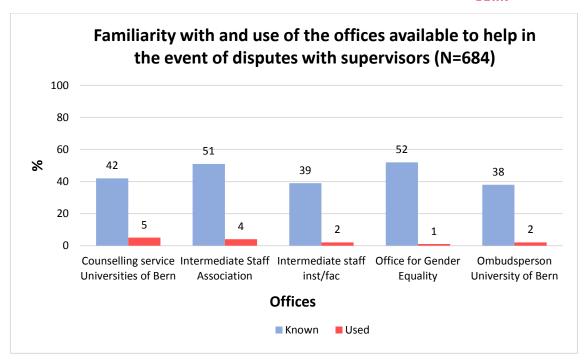


Fig. 14 Familiarity with and use of the offices available to help in the event of disputes with supervisors

2.8 Satisfaction

2.8.1 Satisfaction with supervisor support

78% are rather satisfied to very satisfied with the overall level of supervisor support (scale: 1=very unsatisfied, 2=unsatisfied, 3=rather unsatisfied, 4=rather satisfied, 5=satisfied, 6=very satisfied). 32% are very satisfied and 4% are very unsatisfied. The mean value is 4.5. Figure 15 shows the corresponding frequency distribution (subgroup differentiation in Table 9).



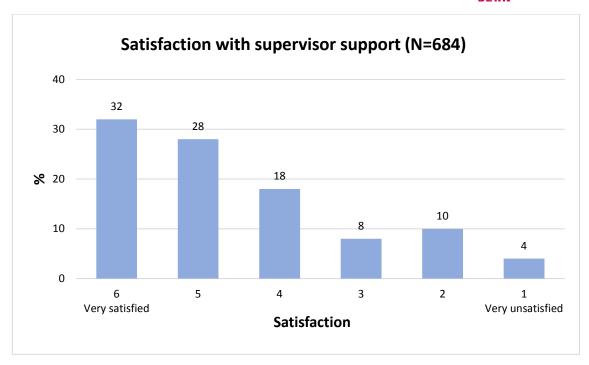


Fig. 15 Overall satisfaction with supervisor support

Table 9a Overall satisfaction with supervisor support; subgroups of doctoral students

Characteristic	Mean value 'Overall satisfaction with supervisor support' (1=very unsatisfied; 6=very satisfied)
Total	4.5
Gender	
Female	4.3
Male	4.7
Number of supervisors	
1	4.5
2	4.6
≥3	4.6
Don't know	4.3
Doctoral agreement	
Yes	4.7
No	4.2
Type of doctoral education	
Graduate school	4.5
Doctoral degree program	4.9
Traditional individual doctorate	4.4



Table 9b Overall satisfaction with supervisor support; subgroups of main supervisors

Characteristic	Mean value 'Overall satisfaction with supervisor support' (1=very unsatisfied; 6=very satisfied)
Gender	
Female	4.4
Male	4.5
Age	
<40	4.7
40-55	4.6
>55	4.3
Don't know	5.0
Number of doctoral students	
<6	4.6
6-10	4.5
>10	4.0
Don't know	4.6

Male doctoral students (mean value 4.7) are slightly more satisfied with the supervisor support than female doctoral students (4.3). Doctoral students on structured doctorate programs (mean value 4.9 for N=63) are also more satisfied than those in graduate schools (4.5 for N=321) and those completing a traditional individual doctorate (4.4 for N=300). This is also the case with those who have a doctoral agreement (mean value 4.7; without agreement 4.2).

Doctoral students are more satisfied with the supervisor support when their main supervisor is not over 55 years of age (>55 years of age: 4.3; 40 to 55 years of age: 4.6; <40 years of age: 4.7). The number of doctoral students supervised also influences satisfaction levels. Satisfaction is higher (4.5 or 4.6) when the main supervisor has ten or fewer doctoral students to supervise compared to supervisors with more than ten doctoral students (4.0).

The number of supervisors and the gender of the main supervisor has no influence on satisfaction with supervisor support.

Figure 16 presents satisfaction with supervisor support depending on whether the requirements of the doctorate were communicated clearly at the beginning of the program. Satisfaction levels are higher if these requirements have been communicated clearly.



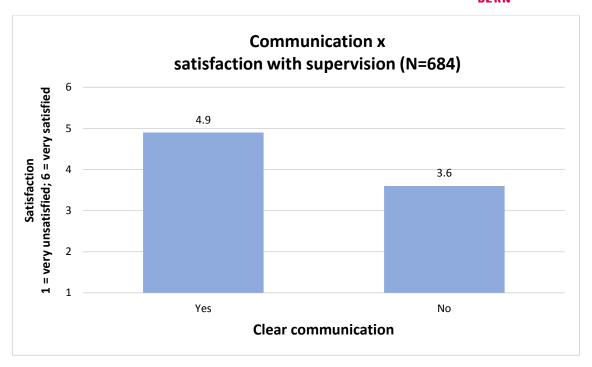


Fig. 16 Satisfaction with supervisor support depending on whether the requirements of the doctorate were communicated clearly at the beginning of the program (mean values)

Figure 17 presents satisfaction with supervisor support depending on the frequency of meetings with the main supervisor about the research work. The higher the frequency of meetings, the greater the level of satisfaction.



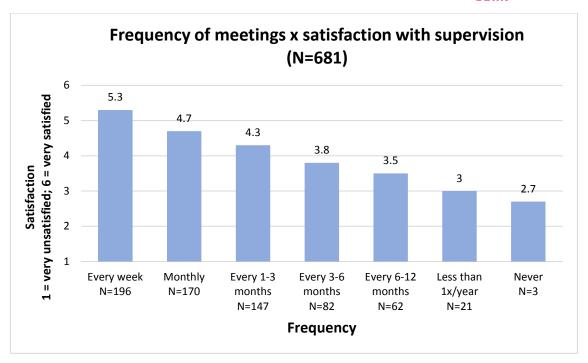


Fig. 17 Satisfaction with supervisor support depending on the frequency of meetings with the main supervisor (mean values)

2.8.2 Satisfaction with the doctorate studies

77% of doctoral students are rather satisfied to very satisfied with their doctorate overall. 21% are very satisfied and 3% are very unsatisfied. The mean value is 4.4. Figure 18 shows the corresponding frequency distribution (subgroup differentiation in Table 10).



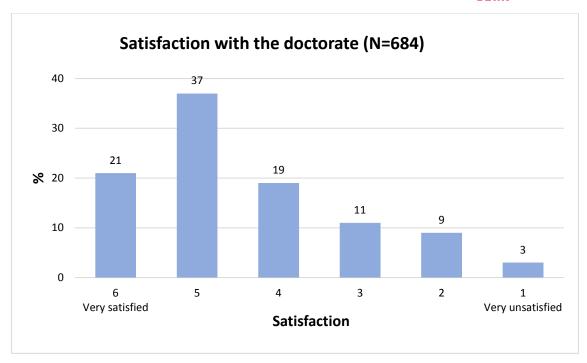


Fig. 18 Overall satisfaction with the doctorate

Table 10a Overall satisfaction with the doctorate; subgroups of doctoral students

Characteristic	Mean value 'Satisfaction with the doctorate overall' (1=very unsatisfied; 6=very satisfied)
Total	4.4
Gender	
Female	4.3
Male	4.6
Number of supervisors	
1	4.4
2	4.5
≥3	4.6
Don't know	4.0
Doctoral agreement	
Yes	4.7
No	4.1
Type of doctoral education	
Graduate school	4.4
Doctoral degree program	5.0
Traditional individual doctorate	4.3



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Table 10b Overall satisfaction with the doctorate; subgroups of main supervisors

Characteristic	Mean value 'Satisfaction with the doctorate overall' (1=very unsatisfied; 6=very satisfied)
Gender	
Female	4.4
Male	4.4
Age	
<40	4.6
40-55	4.4
>55	4.3
Don't know	4.7
Number of doctoral students	
<6	4.4
6-10	4.5
>10	4.0
Don't know	4.5

Male doctoral students (mean value 4.6) are slightly more satisfied with the doctorate than female doctoral students (4.3). Similar to the satisfaction levels with supervisor support, doctoral students are more satisfied with the doctorate overall if they are members of a doctoral program (mean value 5.0; graduate schools 4.4; traditional individual doctorate 4.3) and if they have drawn up a doctoral agreement (mean value 4.7; without an agreement 4.1).

The satisfaction levels with the doctorate are also slightly higher (4.5 or 4.4) if the main supervisor has ten or fewer doctoral students compared to supervisors with more than ten students (4.0).

The number of supervisors and the gender of the main supervisor has merely a very low or even no influence at all on satisfaction levels with the doctorate.

2.9 Feedback/suggestions for improvement

To enable us to receive qualitative information in addition to quantitative data, the survey was supplemented with two concluding open-ended questions asking for suggestions for improvement and general feedback. We received a number of comments from the doctoral students in which some general, relatively common problematic aspects as well as some quite specific personal experiences were mentioned.

In the comments, the asymmetrical power structures involved in supervision, i.e. the (overly) dependent relationship between doctoral students and their supervisors, was often criticized and, among other things, concern was expressed that supervisors are usually the ones who assess the dissertation. In relation to this, the suggestion was put forward several times to separate supervisory and assessment roles and to have the dissertation assessed by external reviewers. Some of the



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respondents also pointed out the advantages of double supervision to reduce relationships of dependency – regardless of the type of doctorate or which faculty the doctoral students belong to. With regard to the relationship of dependency between doctoral students and supervisors, some doctoral students also suggested, in addition to this concern, that the University better monitors the quality of supervision and the compliance of supervisors to their duties, and that clearer provisions or guidelines regarding supervision be imposed. The suggestion was also occasionally put forward to potentially limit the number of doctoral students per professor.

A commonly raised topic relates to the at times insufficient communication at different levels and in various areas. For instance, some students complained that the requirements and expectations for completing the doctorate successfully (e.g. the number of required publications as part of a cumulative dissertation), the rights (e.g. protected research time) and obligations of doctoral students (and supervisors) are not formulated or communicated transparently enough. Moreover, some doctoral students would like to receive more comprehensive information and communication regarding the various educational offers available alongside their research work (e.g. graduate schools, Academic English Services, German as a foreign language) and advisory services (e.g. offices/bodies to which doctoral students can turn in the event of conflicts with supervisors). Occasionally it was pointed out that not enough information and advisory services are available in English. With regard to planning careers after the doctorate both within and outside of academia, the respondents would not only like to see better communication about the existing services but also expressed a wish for the development of career events, for example as part of the Transferable Skills Program and Career Services.

The issue of balancing research and family life or the need for action in relation to improving the working situation of doctoral students (e.g. the expansion of university childcare) was raised several times.

Some doctoral students reported that – depending on the scope of their position – consistent protected research time is not always granted. This point was raised more frequently by doctoral students with positions as assistants (compared to those with positions as doctoral students).

Finally, the issue of too little pay or being paid for working a 75% contract but actually being expected to work full time was frequently broached and criticized.



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Selected comments:

'In my opinion, the crux should be that you can trust your doctoral supervisor and that they are not 'exploitative,' which is thankfully the case for me.'

'Clearer guidelines regarding what can/should be required in the doctorate, which the supervisors must adhere to. At the moment, I think it really depends on who your supervisor is. This determines practically everything in the doctorate (how many papers you have to publish, whether you have to take on any teaching, how often you have to come into work etc.). Clearer contractual arrangements at the beginning of the doctorate. For example, this should include what duties you will need to carry out as a doctoral student. I had to keep accepting more and more duties which took me away from writing my dissertation. Then, the term of the SNF grant lapsed and I had to finish writing my dissertation without being paid, which in my opinion isn't fair.'

'As a basic principle, there needs to be greater protection for the doctoral students who are too highly dependent on supervisors in today's system. For instance, in the event of disputes with supervisors, doctoral students don't have sufficient scope to protect themselves. An escalation of such disputes currently almost always leads to the doctorate being discontinued, which can't be in the interest of the university.'

'To prevent the one-sidedness of agreements (the obligation of supervisors can easily be sidestepped in roundabout ways).'

'For me, I would like to see the goal be more clearly defined at the beginning, possibly followed by a meeting every six months in which the expectations and work performed are clearly communicated.'

'Transparency in the event of legal concerns – who can a doctoral student turn to if they have a legal concern? Legal Services Office, ombudsperson, MVUB?'

'Clearer communication of requirements (number of publications, attendance of conferences, doctoral student workshops).'

'Obligation to carry out and document regular performance reviews with clear agreements regarding future projects and dates for completion.'

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'It would be good to have external mentors (outside of the main supervisor's research group) with whom a review and a forecast could be produced every year in order to better assess the doctoral student's position and to gain an external opinion.'

'To have two supervisors so that you aren't at one person's mercy. Make the choice of a co-advisor more organized.'

'It should be mandatory to have two unrelated supervisors (for example, from different labs). My graduate school requires this, but there were only two professors written into the registration form and I had no contact with them for the duration of my doctorate.'

'Better supervision. Fewer students under a supervisor.'

'I would prefer to have more regular/structured meetings with my advisor.'

'I have thoroughly enjoyed the doctoral program at Bern. I have an excellent supervisor. She is supportive and, yet, constructive in her feedback and correction, helping me grow and develop in areas of research, documentation and writing.'

'I sincerely think the organization of the doctoral studies here is extremely good. I am completely satisfied.'

'School-like teaching of a doctorate through a graduate school is as useful as a paper tiger. It results in unnecessary additional effort for all involved. What's more, in the area of adult education (which the doctorate is, of course), everyone should be able to attend lectures and courses off their own back and there should no longer be stipulations made in this regard for doctoral students after they have completed bachelor's and master's degree programs.'

'I find the graduate schools good. You can really benefit from these programs.'

'The different training and continuing education opportunities and workshops for doctoral students (for example, promoting women in science) should be more greatly advertised and communicated.'

'Companies in the private sector and positions in public service (excluding universities) offer much better framework conditions than one or two-year postdocs. Even if you would like to continue to do academic work, hardly any of my colleagues want to take on the uncertainty of an academic career in Switzerland. The goals to promote women in science are not attainable with mostly fixed-

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term positions lasting a short period of time, because such positions don't allow for reasonable family planning.'

'At the University of Bern and its institutions, men still have too much agency and power over decisions. A quota of women only helps change this in a limited way if they later HAVE to decide whether they want a family or a career, unless their partner quits their job (without a partner???). Expand internal childcare and benefit from the advantages of female leadership.'

'Doctoral students are almost exclusively prepared for a career in academia. It would be good if there were greater opportunities for students to find out about careers outside of academia and to come into contact with companies.'

'Better planning and preparation for the future: most doctoral students will not become professors. There should be more scope within the degree to discuss future plans. Furthermore, there should be more opportunities for coaching.'

'Transferable skills/soft skills workshops – usually they are overbooked, so it's hard to make use of them'

'The University of Bern does a good job with regard to their services and education offers etc.'

'Information sheet with a summary of the most important services.'

'More documentation in English.'

'The general entitlement to spend a third of your time on your dissertation must be observed and this must also be stipulated in the employment contract so that it is possible to make use of this.'

'If full-time work is expected, students must be employed on a full-time basis.'



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3. Summary

Overall satisfaction

78% of doctoral students are rather satisfied to very satisfied with the level of supervisor support (32% are very satisfied). 22% are rather unsatisfied to very unsatisfied with the level of supervisor support (4% are very unsatisfied). The mean value, on a scale of 1 to 6, is 4.5.

77% are rather satisfied to very satisfied with the doctorate overall (21% are very satisfied). 23% of doctoral students are rather unsatisfied to very unsatisfied with the doctorate (3% are very unsatisfied). The mean value is 4.4.

Male doctoral students are slightly more satisfied with both the supervisor support and the doctorate overall than female doctoral students. Doctoral students who have drawn up a doctoral agreement with their supervisors are more satisfied with the support from supervisors and with the doctorate overall than doctoral students who have not drawn up an agreement. Satisfaction with support from supervisors and the doctorate overall is higher on the structured doctorate programs than in graduate schools and on the traditional individual doctorate. Satisfaction with support from supervisors and with the doctorate is also slightly higher if the main supervisor does not have too many (≤10) doctoral students and is not over 55 years of age.

The number of supervisors per doctoral student and the gender of the main supervisor has a very low or even no influence at all on satisfaction levels with support from supervisors or with the doctorate overall.

Doctoral agreement

60% of doctoral students have a doctoral agreement. These doctoral students are generally more satisfied with the support from supervisors and with the doctorate overall than those without an agreement and most of them value the doctoral agreement as a useful tool for clarifying requirements and shaping the relationship with their supervisors (doctoral students with a doctoral agreement indicated more often that the requirements for the doctorate were communicated clearly at the beginning of the doctorate). A doctoral agreement is used more often in graduate schools and on structured doctorate programs than on the traditional individual doctorate. The agreement is used less often for doctoral students with one supervisor than for doctoral students with two or more supervisors. The use of a doctoral agreement also goes hand in hand with more frequent progress review and career path meetings. Main supervisors with more than ten doctoral students draw up an agreement slightly less often than main supervisors with fewer than ten doctoral students.



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Communication and meetings with supervisors

The majority (71%) answered that the requirements for completing the doctorate successfully were communicated clearly at the beginning of the doctorate. Male students claimed this slightly more often than female students. Doctoral students with a doctoral agreement are clearly informed about the requirements of the doctorate more often than doctoral students without an agreement. For main supervisors with more than ten doctoral students, doctoral students indicated slightly less often that they have been clearly informed about the requirements of the doctorate than those with main supervisors with ten students or fewer. Doctoral students for whom the requirements have been clearly communicated are generally more satisfied with support from supervisors.

29% of doctoral students have a meeting with their main supervisor about research work every week and 76% have one at least every three months. 57% of doctoral students receive a date for a meeting within a week. Research work is discussed more often on structured doctorates than on the traditional individual doctorate. Main supervisors with more than ten doctoral students hold meetings less frequently than supervisors with fewer than ten doctoral students. The more frequently meetings take place, the greater the level of satisfaction with support from supervisors. The frequency of meetings about research work was considered sufficient by the majority of students and the meetings are, on average, perceived to be rather helpful or helpful.

Career discussions

Around half of the doctoral students indicated that during the first half of the doctorate a review meeting was held or will be held about the progress made up until that point and about the prospects for successful completion of the doctorate. Discussions regarding students' future careers following the doctorate are only held in around a third of cases. Most doctoral students consider career discussions to be helpful. 27% indicated that they would pursue a career in academia following the doctorate (37% are still undecided).

4. Measures

The results of the survey point towards various measures to improve the supervision of doctoral students as well as the doctorate overall. Some measures have already been defined as part of the policy to promote early career researchers at the University of Bern and are currently in the process of being implemented.

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- Introducing team supervision: Supervision of doctoral students by at least two supervisors for students on a structured doctorate and for those completing a traditional individual doctorate across all faculties. (in progress)
- 2) The doctoral agreement provided as a template by the Executive Board of the University of Bern includes the provisions which all doctoral agreements must contain as a minimum and should be adjusted to include, for example, the milestones of the doctorate, measures for balancing research and family life, and the integration of guidelines or checklists for progress review and career path meetings. (implemented)
- 3) Greater monitoring of the use of the doctoral agreement. Doctoral agreements should consistently be made available in the doctorate administrative section of the 'KSL' (the administrative system of the University of Bern). This makes it easier to record the extent to which the doctoral agreement is used and to assess the quality of agreements on a random basis.
- 4) Publication of an information leaflet about the doctorate (e.g. including information about rights and obligations, the doctoral agreement, gender equality aspects, points of contact, course services etc.). (in progress)
- 5) Introduction of training and information events for supervisors (particularly for newly appointed professors), including the coverage of specific gender equality issues. (in progress)
- 6) Expansion of course services and information services for career planning and preparation (competence profile, professional fields, application forms etc.) as part of the Transferable Skills Program and Career Services, for example. (in progress)
- 7) Introduction of systematic career path meetings during the doctorate (e.g. guidelines/checklists in the doctoral agreement).
- 8) The continuation and potentially the expansion of faculty-based mentoring programs should be supported.

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5. Acknowledgments

Our most heartfelt thanks go to all 723 doctoral students who have contributed to the collection of meaningful data by filling out the questionnaire. Our thanks also go to our colleagues in the Office for Gender Equality (Sabine Höfler), the Coordination Office for the promotion of early career researchers (Dr. Matthias Hirt), the Welcome Center (Jasmin Fallahi) and the University of Bern intermediate staff association (Muriel Nann), who helped us to create the questionnaire. We would also like to thank Dr. David Graf and Dr. Etna Krakenberger (both Vice-Rectorate Teaching) as well as the numerous doctoral students for their critical review of the questionnaire.

6. Appendices

Questionnaire in German Questionnaire in English

Angaben zur Person
Welches Geschlecht haben Sie? männlich
weiblich
anderes
Anachan and Danaca
Angaben zur Person Wie alt sind Sie?
Answer:
Angaben zur Person
Wo haben Sie Ihren Masterabschluss erlangt?
Universität Bern
andere Universität in der Schweiz
Universität im Ausland
Angaben zum Doktoratsstudium
An welcher Fakultät sind Sie als Doktorand/in immatrikuliert?
Selection: Please select an option Medizinische Fakultät Philosophisch-historische Fakultät Philosophisch-humanwissenschaftliche Fakultät Philosophisch-naturwissenschaftliche Fakultät Theologische Fakultät Vetsuisse-Fakultät (Veterinärmedizin) Wirtschafts- und Sozialwissenschaftliche
Fakultät
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Wann haben Sie Ihr Doktorat begonnen?
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Angaben zum Doktoratsstudium
Monat:
Selection: Please select an option Januar Februar Oktober November Dezember März April Mai Juni Juli August September
Angaben zum Doktoratsstudium
Sind Sie an der Universität Bern angestellt? Ja
Nein Nein
Angaben zum Doktoratsstudium
In welcher bzw. welchen Funktion/en sind Sie an der Universität Bern angestellt (Mehrfachnennungen möglich)?
AssistentIn Uni Bern
DoktorandIn Uni Bern
DoktorandIn SNF

Wissenschaftliche/r MitarbeiterIn
Anstellung über andere Drittmittel (bspw. private Stiftungen/Unternehmen)
Angaben zum Doktoratsstudium
Welchen relativen Anteil Ihres Beschäftigungsgrades wenden Sie schätzungsweise für die Arbeit an Ihrer Dissertation auf?
Selection: Please select an option 0-10% 11-20% 21-30% 31-40% 41-50% 51-60% 61-80% 81-100%
Angaben zum Doktoratsstudium
Wieviele Stunden wöchentlich wenden Sie ausserhalb Ihrer Anstellung/en oder ohne Anstellung an der Universität Bern für Ihre Dissertation auf? Answer:
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männlich
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ausserordentliche/r Professor/in
SNF-Förderungsprofessor/in oder Assistenzprofessor/in
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Bitte kreuzen Sie diejenigen Sie bereits in Anspruch gen Abteilung für die Gleichstellun Männern Academic English Services (V Beratungsstelle der Berner Ho Career Services (Vizerektorat For Hochschuldidaktik Mittelbauvereinigung MVUB Universitätsbibliothek Bern Kursprogramm Überfachliche (Vizerektorat Entwicklung)	universitären Einheiten ar ommen haben. g von Frauen und /izerektorat Entwicklung) pchschulen Entwicklung) prschung) Kompetenzen pte für Doktorierende an de tilner Betreuungsperson/libotchen Fällen wenden könn pchschulen pchschulen	er Universität Bern hren Betreuungspersor len und haben Sie diese	kannt		genutzt
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Neben dem freien Doktorat bietet die Universität Bern verschiedene Graduate Schools und strukturierte Doktoratsprogramme an. Sind Sie Mitglied einer Graduate School oder eines Doktoratsprogrammes?

O Ja						
Nein						
						i
Graduate Schools und Dol						
In welcher Graduate School Berner Graduiertensch	ol oder welchem Dokto nule für Strafrechtswisse		itglied?			
Graduate School for C	Cellular and Biomedical S	Sciences				
Graduate School for H	lealth Sciences					
Graduate School Gen	der Studies					
Graduate School of C	limate Sciences					
Graduate School of th	e Arts					
Graduate School of Ed	conomic Globalisation ar	nd Integration at the World 1	Frade Institute			
Graduate School of th	e Humanities					
International Graduate	School North-South					
Swiss Graduate School	ol for Cognition, Learning	g and Memory				
Doktoratsprogramm: f	alls ja, welches?					
						l
Feedback/Verbesserungsv						
Wie zufrieden sind Sie mit	Ihrer Doktoratsausbild	lung insgesamt?	_	0	0	
1 (sehr unzufrieden)	2	3	4	5	6 (sehr zufrieden)	
,					,	l
Feedback/Verbesserungsv						
Wo sehen Sie Verbesserur Answer:	ngspotenzial in der Dol	ktoratsausbildung an der l	Universität Bern?			
						l
Feedback/Verbesserungsv						
Hier haben Sie die Geleger Answer:	nheit zu abschliessend	en Kommentaren und Ani	regungen:			
l						

Personal details
Are you:
Male
Female
Other
Personal details
How old are you? Antwort:
Allwort
Personal details
Which university did you complete your Master's degree at?
University of Bern
Other university in Switzerland
University outside of Switzerland
Information concerning doctoral studies
Which faculty are you enrolled in as a doctoral student? Auswahl: Bitte wählen Sie eine Antwort aus Faculty of Medicine Faculty of Humanities Faculty of Human Sciences Faculty of Science Faculty of Law Faculty of
Theology Vetsuisse Faculty (Veterinary Medicine) Faculty of Business, Economics and Social Sciences
Information concerning doctoral studies
Which form are you completing your thesis in?
Auswahl: Bitte wählen Sie eine Antwort aus Cumulative (thesis that leads to a doctorate by way of a compendium of several publications in peer-reviewed journals)
Monograph (one single full text as a thesis) Combination of monograph and cumulative (e.g. monograph plus a publication as first author) Not decided yet
Information concerning doctoral studies
When did you start your doctoral studies?
Year: Auswahl: Bitte wählen Sie eine Antwort aus 2008 2009 2007 2006 2018 2010 2011 2012 2013 2014 2015 2016 2017
Auswalli Ditte Walleri Gle eine Alltwort aus 2000 2007 2000 2010 2010 2011 2012 2013 2014 2013 2010 2017
Information concerning doctoral studies
When did you start your doctoral studies? Month:
Auswahl: Bitte wählen Sie eine Antwort aus January February October November December March April May June July August September
and the state of t
Information concerning doctoral studies
Are you employed at the University of Bern? Yes
G No
Information concerning doctoral studies
In which position/s are you employed at the university of Bern (multiple answers possible)?
Teaching and research assistant Uni Bern
Doctoral student Uni Bern
Doctoral student SNSF

Member of scientific staff
Externally funded Uni Bern employment (e.g. private foundations/companies)
Information concerning doctoral studies
Roughly what percentage of time of your employment do you spend working on your thesis?
Auswahl: Bitte wählen Sie eine Antwort aus 0-10% 11-20% 21-30% 31-40% 41-50% 51-60% 61-80% 81-100%
Information concerning doctoral studies
How many hours a week do you spend outside of your employment/without employment at the University of Bern working on your thesis? Antwort:
Information concerning the supervisors
How many authorized supervisors are officially entrusted to supervise your thesis?
O 3
More than 3
T don't know
Information concerning the supervisors
How old is your main supervisor?
Under 40
O 40-55
Older than 55
I don't know
Information concerning the supervisors
Is your main supervisor:
Male Male
Female
Other
Information concerning the supervisors
What academic title does your main supervisor hold?
Full professor
Associate Professor (ausserordentliche Professur)
SNSF professor or assistant professor
Lecturer with the right to award doctorates
I don't know
Information concerning the supervisors
How many doctoral students is your main supervisor currently supervising?
Up to 5
Between 6-10

Between 11-20						
More than 20						
I don't know						
Meetings with superviso	ors					
Were the demands and besides the doctorate, e					he doctorate, other obligat	ions at the institute
No						
O NO						
Meetings with superviso	ors					
As a rule, how long doe	s it take your supervi	sor/s to arrange a m	neeting to discuss your	research work?		
	≤ 1 week	>1 - ≤ 4 weeks	>4 - ≤ 8 weeks	$>2 - \le 3$ months	>3 - ≤ 6 months	> 6 months
Main supervisor	0	0	0	0	0	0
Co-supervisor (if existing)	0	0	0	0	0	0
CAISTING)						
Meetings with supervisor	ors					
How often do meetings	or discussions conce Weekly			8-6 months Every 6-12	2 months Less than 1x/yea	r Never
Main supervisor	0	0				
Co-supervisor (if	0	0		0 0		0
existing) Main and co-	_	_	_	_		
supervisor	0	C	0	0 0		0
Doctoral colloquium	0	0	0	0 0		0
Meetings with supervisor Do you consider the free		u discuss auestion	s and problems concer	ning your research to	he sufficient?	
_	quericy with which yo	u uiscuss question	Yes	ning your research to	No	
Main supervisor			0		0	
Co-supervisor (if existing)			0		0	
Main and co-supervisor			0		0	
Doctoral colloquium			0		0	
Meetings with supervisor If you have discussed y		as it helpful?				
		2	3	4	5	6 (Very helpful)
Main supervisor	1 (Not helpful at all)		Ô	0	Ô	o (very neipiui)
Co-supervisor (if		~			0	
existing)	0	0	0	Ō	O	
Main and co-supervisor	0	O	0	0	0	0
Doctoral colloquium	0	0	0	0	0	0
Will there be or has there		n during the first ha	of your deaters! "	no to diocusob eth	hacad on the assessed assessed	urono of views de at-
Will there be or has ther studies, a successful co				se to discuss whether	, based on the current prog	ress of your doctora
No						
U						

I don't know					
Career path discussions					
Will there be or has there bee completing your doctorate? Yes No	∍n a conversation d	uring the second half of your	doctoral phase to discus	s the direction of your c	areer path after successfully
I don't know					
Career path discussions	o conversations (m	ultiple answers posible)?			
With whom do you have thes Main supervisor	e conversations (m	untiple answers posible)?			
Co-supervisor					
Other:					
Career path discussions					
Do you consider these conve	rsations to be help	ful?			
0	0	0	0	0	0
1 (Not helpful at all)	2	3	4	5	6 (Very helpful)
Career path discussions					
What is your career goal?					
Continue university care					
Career outside of univers	sity				
I don't know yet					
Career path discussions					
Overall, how satisfied are you	u with your supervi	sor relationships?			
0	0	0	0	0	0
1 (Very unsatisfied)	2	3	4	5	6 (Very satisfied)
Doctoral agreement					
Does a form of written agree			general conditions (e.g. r	equirements, duration of	doctorate, objectives,
supervision, periodicity of m	eetings, publication	s, teaching activity)?			
O No					
U					
Doctoral agreeement					
If you have a doctoral agreen	nent: Which docum	ent is used?			
Doctoral agreement also	integrated in the "Pe	rformance appraisal for doctora	al candidates employed at t	he University of Bern&aud	t; (see figure above)
Faculty's own doctoral ag		11	, , , , , , , , , , , , , , , , , , ,	,	., 0
Other					
I don't know					
N. /					

Doctoral agreement					
Do you consider the doctora	l agreement to be usefu	l for your doctoral studie	s?		
0	0	0	0	0	0
1 (Not useful at all)	2	3	4	5	6 (Very useful)
Presentation of research wor	rk				
Since starting your doctorate					
Congress/conference/	0	1-2	3-5	6-10	>10
meeting in Switzerland	0	0	O	0	O
Congress/conference/ meeting outside of Switzerland	0	0	0	0	0
Doctorate program/ graduate school	0	0	0	0	0
External young academics	0	0	0	0	0
workshop					~
Presentation of research wo	rk				
Do you consider the opportu		our research to a scienti	fic audience to be sufficie	nt?	
Yes					
O No					
Courses and support offered		<u> </u>			
Please tick the boxes of the made use of.	university units that offe	er courses and careeer ac	ivising for doctoral studen	ts that you are a) familiar w	ith and b) have already
Office for Gender Equality		Fam	iliar with	Made	use of
Academic English Services (Vi	ico-Poctorato		Ш	Į.	
Development)				[
Counselling Centre Universities	s of Bern				
Career Services (Vice-Rectora	te Development)			[
Grants Office (Vice-Rectorate I	Research)			[
University Didactics]	
Intermediate Staff Association	(MVUB)			[
University Library Bern				[
Transferable Skills Program (V Development)	ice-Rectorate			[
, ,					
Courses and support offered	I to doctoral students at	the University of Bern			
There are several offices/boo			ts with your supervisor/s.	Are you familiar with the fo	llowing offices/bodies you
Counselling Centre Universities	s of Bern	Fam	iliar with	U	sed
Intermediate Staff Association				Į.	
Intermediate Staff representati					
Office for Gender Equality	. o or air monatora ractity			Į.	
	ty of Bern			ļ.	
Ombudsperson of the Universi	ty of Delli		Ш	Į.	
Graduate schools and docto	ral degree programs				

Besides the traditional individual doctorate, the University of Bern offers various graduate schools and structured doctoral degree programs. Are you a member of a graduate school or a doctoral program?

0 163					
O No					
Our divista and a sign and dest					
Graduate schools and doctory Which graduate school or d			nher of?		
Berner Graduiertenschu					
Graduate School for Ce	ellular and Biomedical S	Sciences			
Graduate School for He	ealth Sciences				
Graduate School Gend	er Studies				
Graduate School of Clir	mate Sciences				
Graduate School of the	Arts				
Graduate School of Eco	onomic Globalisation ar	nd Integration at the World T	rade Institute		
Graduate School of the	Humanities				
International Graduate	School North-South				
Swiss Graduate School	for Cognition, Learning	g and Memory			
Doctoral degree progra	m: If yes, which?				
<u> </u>					
Feedback/suggestions for i	mprovement				
Overall, how satisfied are yo	ou with your doctoral	studies?			
0	0	0	0	0	0
1 (Very unsatisfied)	2	3	4	5	6 (Very satisfied)
Feedback/suggestions for i	mprovement				
Where do you see potential		egards doctoral studies at	t the University of Bern?		
Antwort:					
Feedback/suggestions for in Please add any final comme		horo:			
Antwort:	and suggestions	nere.			